

Under the patronage of
His Highness Sayyid Dr Fahad Bin Al Julanda Al Said
Vice Chancellor of SQU



SEVENTH
Wonca
EAST MEDITERRANEAN

FAMILY
MEDICINE
CONGRESS



**10-12
NOVEMBER
2022**

 **Sheraton
Oman Hotel
MUSCAT, OMAN**

Scientific Program

ORGANIZED BY



HOSTED BY



IN COLLABORATION WITH



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Scientific Program

Thursday, November 10, 2022

PLENARY HALL

08:30 AM - 09:30 AM

Abstract Session 1

Chairperson : Fatma AlHakmani

Judges: Oraib Alsmadi, Dalal Al Ghafri & Huda Alduwaisan

Amira Al-Harrasi

08:30 AM - 08:38 AM

Validation of the cardiovascular risk model developed for Omanis with type 2 diabetes

Razaz Wali

08:38 AM - 08:46 AM

Disclosure and Health Seeking Behavior of Domestic Violence Survivors of Women attending the National Guard Primary Healthcare Centers in the Western Region, Saudi Arabia.

**Carolina Rego
Chaves Dias**

08:46 AM - 08:54 AM

The Importance of the LHPP as a Tool for Situational Diagnosis and the Development of Actions in a Family Health Center

Sajitha Prasad

08:54 AM - 09:02 AM

Impact of Pressure Injury Prevention Protocol in Home Care Services on the Prevalence of Pressure Injuries in the Dubai Community

Chia Hung Chen

09:02 AM - 09:10 AM

The risk of herpes zoster in the patients with chondromalacia of patella

Waseem Hameed

09:10 AM - 09:18 AM

Reliability of a Pilot Hybrid OSCE: MRCGP (INT) South Asia Experience

09:18 AM - 09:30 AM

Q & A Session

WORKSHOP ROOM A

09:00 AM - 11:00 AM

Workshop 1: Al Razi

Anas Almohtaseb & Basim Aljahwari

1. Opening of Al Razi YDM Preconference Workshop

Mahmood Sqour, Tasneem Yahya & Samiah Almeahmadi
2. Family practice in the Eastern Mediterranean Region from Young Doctors Perspective: challenges and success stories



Scientific Program

Thursday, November 10, 2022

PLENARY HALL	
09:30 AM - 10:50 AM	Session 1: FM's Role During Covid-19 Era Moderator: Mohammed Rasoul Tarawneh & Najlaa Jaafar
	Huda Al-Duwaisan Experience from Kuwait 09:30 AM - 09:50 AM
	Thamra Al-Ghafri Experience from Oman 09:50 AM - 10:05 AM
	Ashraf Amir Experience from Saudi Arabia 10:05 AM - 10:25 AM
	Oraib Alsmadi Experience from Jordan 10:25 AM - 10:45 AM
	10:45 AM - 10:50 AM Q & A and Panel Discussion
10:50 AM - 11:05 AM	COFFEE BREAK
	11:05 AM - 11:35 AM Opening Ceremony
11:35 AM - 12:00 PM	Keynote Lecture Speaker: Ahmed Al Mandhari Moderators: Mohamed Ibrahim Tarawneh & Abdulaziz Al-Mahrezi



Scientific Program

Thursday, November 10, 2022

PLENARY HALL	
12:00 PM - 01:25 PM	Session 2 : NCD Best Practice Management I Moderator: Yousuf Al-Farsi & Mohammed Rasoul Tarawneh
Fahad Alkindi 12:00 PM - 12:20 PM	Optimal Post Coronary Heart Disease Care in Primary Care
Xavier Cos 12:20 PM - 12:40 PM	Latest Guidelines in Diabetes Management
Mohammed Eldeeb 12:40 PM - 01:00 PM	Updates on Hypertension Management
Khalid Al-Rasadi 01:00 PM - 01:20 PM	FM's Challenges in Treating dyslipidemia Disorders
01:20 PM - 01:25 PM	Q & A and Panel Discussion
WORKSHOP ROOM A	
12:00 PM - 12:45 PM	Workshop 2: Overview on the National Guideline of Dermatology for primary health care cases Aisha Al Ali & Zayana Al Bahri
12:45 PM - 01:25 PM	Workshop 3: Obesity Management in Primary Care Jumana Antoun
01:25 PM - 02:25 PM	LUNCH BREAK 1
02:25 PM - 02:50 PM	State of the Art Lecture 1 Moderator: Ashraf Amir
Mohammed Rasoul Tarawneh 02:25 PM - 02:50 PM	FM Are we Up to Expectation During Disaster & Crisis Management



Scientific Program

Thursday, November 10, 2022

PLENARY HALL

02:50 PM - 04:15 PM

Session 3 : Updates in Women's Health
Moderator: Dalal Al Ghafri & Mohammed Alazemi

Ahmed Sajwani

02:50 PM - 03:10 PM

All You Need to Know About Osteoporosis Management

Nihal Al Riyami

03:10 PM - 03:30 PM

Sickle Cell Disease during pregnancy

Faiza Al Darmaki

03:30 PM - 03:50 PM

Menopause: When Nature Takes Over

Oraib Alsmadi

03:50 PM - 04:10 PM

Recurrent Urinary tract infections in women: Recent guidelines in treatment

04:10 PM - 04:15 PM

Q & A and Panel Discussion

04:15 PM - 04:30 PM

COFFEE BREAK

WORKSHOP ROOM A

04:00 PM - 04:45 PM

Workshop 4: Implementation of lean management tools in Primary Health Care: Experiences from Oman

Thamra Al-Ghafri & Samiya Al Balushi



Scientific Program

Thursday, November 10, 2022

PLENARY HALL

04:30 PM - 05:10 PM

Abstract Session 2

Moderator: Najat AlZadjali

**Judges: Oraib Alsmadi, Dalal Al Ghafri
& Huda Alduwaisan**

Rachel Koshy

04:30 PM - 04:38 PM

Measuring Vital Signs Profile: Assessment in Malaysia

Rahma Al Riyami

04:38 PM - 04:46 PM

Adherence to Levothyroxine Treatment among Patients with Hypothyroidism in Oman

Jihene Sahli

04:46 PM - 04:54 PM

Transition from pediatric to adult care for adolescents with type I diabetes: A randomized controlled trial

04:54 PM - 05:10 PM

Q & A Session

WORKSHOP ROOM A

04:45 PM - 05:30 PM

Workshop 5:

Effective strategies for digital medical
information retrieval at point of care

Jumana Antoun



Scientific Program

Friday, November 11, 2022

PLENARY HALL

08:30 AM - 09:30 AM

Abstract Session 3
Moderator: Maryam Al Kiyumi
Judges: Oraib Alsmadi, Dalal Al Ghafri & Huda Alduwaisan

Khairat Al Habbal

08:30 AM - 08:38 AM

Reliability and validity of the Arabic version of the Consultation and Relational Empathy (CARE) questionnaire

Magdy Bakr

08:38 AM - 08:46 AM

Bridging the Gap of Trained Family Health Practitioners Towards Universal Health Coverage in Egypt

Firdous Jahan

08:46 AM - 08:54 AM

Mental health status among health care workers in primary care exposed to COVID-19 pandemic in North Batinah, Oman

Hassan Abdelwahid

08:54 AM - 09:02 AM

Predictors of microalbuminuria and its relationship with glycemic control among Type 2 diabetics of Jazan Armed Forces Hospital, southwestern Saudi Arabia

Alaa Almahrooqi

09:02 AM - 09:10 AM

Relations of COV-SARS 2 Related Stressors and Coping of Omani Adults' Psychological Adjustment During the COVID-19 Pandemic

Nouf AlShamlan

09:10 AM - 09:18 AM

Seroprevalence of rubella virus among pregnant women: A 4-year registered-based study from family medicine and obstetric clinics in Saudi Arabia

09:18 AM - 09:30 AM

Q & A Session

WORKSHOP ROOM A

09:00 AM - 11:00 AM

Workshop 6: Al Razi

Samia Almeahmadi & Hella AlOthman
3. Introduction to Lifestyle Medicine and physical exercise prescription resourcefulness

Basim Aljahwari & Dana Aldaghliise
4. Updates on Diabetic Kidney Disease



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Friday, November 11, 2022

PLENARY HALL	
09:30 AM - 10:30 AM	Session 4 WHO Session - Overview of WHO EMRO and WONCA EMR collaboration Moderator : Hassan Salah
Hassan Salah / Saeed Soliman 09:30 AM - 09:40 AM	Regional Professional Diploma in Family Medicine: WHO and WONCA successful collaboration
Abdulaziz Mahrezi, Nagwa Nashat, Huda Alduwaisan, Mona Osman, Saeed Soliman & Taghreed Farahat 09:40 AM - 10:10 AM	Panel Discussion
10:10 AM - 10:30 AM	Q & A
10:30 AM - 10:45 AM	COFFEE BREAK
10:45 AM - 12:30 PM	Session 5 NCD Best Practice Management II Moderators: Manar Al Zeedi & Mohamed Ibrahim Tarawneh
Amira Al Kharusi 10:45 AM - 11:05 AM	Recent Updates in Obesity Management
Hind Al Majrafi 11:05 AM - 11:25 AM	Post-Bariatric Care
Xavier Cos 11:25 AM - 11:45 AM	Diabetes Between FM & Endocrinologists
Maisa Al-Kiyumi 11:45 AM - 12:05 PM	Hypoglycemia in diabetes: Causes and implications
Yousuf Al-Farsi 12:05 PM - 12:25 PM	CKD: Recent updates
12:25 PM - 12:30 PM	Q & A and Panel Discussion



Scientific Program

Friday, November 11, 2022

WORKSHOP ROOM A	
11:00 AM - 11:45 AM	Workshop 7: Chronic pain management for primary care physicians Farah Al Zaabi
11:45 AM - 12:30 PM	Workshop 8: A Stepwise Approach to the Interpretation of Pulmonary Function Tests Zamzam Alhoqani & Hana Al Riyami
01:25 PM - 02:25 PM	PRAYER AND LUNCH BREAK 1
02:00 PM - 02:30 PM	State of the Art Lecture 2 Moderator: Nagwa Nashat
Mohammad Alazemi 02:00 PM - 02:30 PM	Influence of FM's Role in the Health Care System
Hanan Al Azkawi 02:30 PM - 03:00 PM	Symposium by Kyowa Kirin: It looks like rickets but not responding like it!
03:00 PM - 03:15 PM	COFFEE BREAK
03:15 PM - 04:40 PM	Session 6 FM innovations and Emerging Topics Moderator: Fannah Al Araimi
Pramendra Prasad Gupta 03:15 PM - 03:40 PM	Artificial intelligence application in FM
Mohammad Mahmoud 03:40 PM - 04:05 PM	Mobile applications in Family Medicine
Ashraf Amir 04:05 PM - 04:30 PM	Virtual consultations in primary care
04:30 PM - 04:40 PM	Q & A and Panel Discussion



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Friday, November 11, 2022

WORKSHOP ROOM A	
03:40 PM - 04:25 PM	Workshop 9: Introduction to systematic review and meta-analysis Al Sayyida Rawnaq
04:25 PM - 05:10 PM	Workshop 10: WONCA Global Standards - sharing our experience Nagwa Nashat



Scientific Program

Saturday, November 12, 2022

PLENARY HALL

08:30 AM - 09:40 AM

Abstract Session 4

Moderator: Yaqub Alsaïdi

Judges: Oraib Alsmadi, Dalal Al Ghafri & Huda Alduwaisan

Thuraiya Al Harthi

08:30 AM - 08:38 AM

Liver function tests in patients with hypertension in primary care: prospective cohort study

Jihene Sahli

08:38 AM - 08:46 AM

The effect of COVID-19 pandemic on the birth outcomes in the Region of Sousse

Abdul Hafeez Qureshi

08:46 AM - 08:54 AM

Assessing level of empathy among medical Students: Results of a cross-sectional study conducted in a medical college at Sohar, Oman

Shahira Almaqbali

08:54 AM - 09:02 AM

Perceptions and Opinions on Child Abuse Among Young People: A Qualitative Study Involving First Year Students at Sultan Qaboos University

Asma Bait Ishaq

09:02 AM - 09:10 AM

Patient Activation : New insight on the role of patient on self-management

Adil ALMahrouqi

09:10 AM - 09:18 AM

The Impact of Covid-19 on Diabetes Care in Oman: A Retrospective Cohort Study in Primary Care of Muscat Governorate

Duaa Hasan

09:18 AM - 09:26 AM

Improving the Implementation of Breastfeeding Education in Antenatal Clinics in Primary Healthcare Centers in The Kingdom of Bahrain

09:26 AM - 09:40 AM

Q & A Session

WORKSHOP ROOM A

09:30 AM - 10:15 AM

Workshop 11:

Research Proposal Writing Workshop for Family Physicians

Firdous Jahan



Scientific Program

Saturday, November 12, 2022

PLENARY HALL	
09:40 AM - 10:45 AM	Session 7 Emerging Topics Moderator: Zahir Alanqoudi & Oraib Alsmadi
Hani Sabbour 09:40 AM - 10:00 AM	Recent Updates in Heart Failure Management
Ahmed Al-Darmaki 10:00 AM - 10:20 AM	IBD Best Practice in PHC
Salim Al Harthi 10:20 AM - 10:40 AM	Guidelines on the management of irritable bowel syndrome
10:40 AM - 10:45 AM	Q & A and Panel Discussion
WORKSHOP ROOM A	
10:15 AM - 11:00 AM	Workshop 12: Management of Trauma at PHC Hani Alqadhi
10:45 AM - 11:30 AM	COFFEE BREAK
PLENARY HALL	
11:30 AM - 12:35 PM	Session 8 Challenges in FM Practice Moderator: Ahmed Al Wahibi & Mohamed Ibrahim Tarawneh
Nagwa Nashat 11:30 AM - 11:45 AM	Experience from Egypt
Muna Aseel 11:45 AM - 12:00 PM	Experience from Qatar
Jumana Antoun 12:00 PM - 12:15 PM	Experience from Lebanon
Badriya Al Farsi 12:15 PM - 12:30 PM	Experience from Oman
12:30 PM - 12:35 PM	Q & A and Panel Discussion



Scientific Program

Saturday, November 12, 2022

WORKSHOP ROOM A	
11:25 AM - 12:10 PM	Workshop 13: Telemedicine in Primary Health Care: Being an efficient virtual doctor Huda Anwar
PLENARY HALL	
12:35 PM - 02:00 PM	Session 9 : EASL Session Liver disease in Primary Care: Key messages from the EASL Lancet Liver Commission Moderator: Atika Al Musalami & Anwaar Al Lawati
Michael Manns 12:35 PM - 12:55 PM	EASL Lancet commission – An overview or The Burden of Liver Disease in 2022
Pere Gines 12:55 PM - 01:15 PM	Case finding and screening for liver disease in primary care
Patrizia Carrieri 01:15 PM - 01:35 PM	Stigma and liver disease
Maria Buti 01:35 PM - 01:55 PM	Prevention and early interventions for liver disease
01:55 PM - 02:00 PM	Q & A and Panel Discussion
02:00 PM - 02:30 PM	WONCA EMR 2022 Best Abstract Announcement & Closing Ceremony
LUNCH	



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